

1, Awakening

Do you feel like life is just passing and you are not able to catch it?

It is time you remember your true nature.

Declaration: Wake up and realize all is just a dream, Everyone is dreaming and everything that happens is not real. You were part of this dream, but not anymore - you woke up and circumstances and events cannot control you anymore. Instead you will control them. Your advantage is being conscious. Remember: you have awakened and now everything is going to be, the way you want it.

Interpretation: When you came in this world, this was a powerful time for you - you just receive a new opportunity to live after so many reincarnations - all of them dreams of reality. When you came again, your Soul intuitively had all the answers of the Universe, you could see the aura, you could understand the sounds of plants and animals .. Life was a miracle ...a miracle you could control with your power. Then suddenly, you fell under the influence of the others - you forgot your true nature, you turned away from your Soul and life became sad :(You lost all your metaphysical abilities and focused only on the physical reality).

2. Breaking free from the covers of sleep

Declaration: Realize that life is a game which was forced onto you . While you are trapped in it, you cannot make conscious decisions; you cannot control your life.

Become an observer - see your life from the outside, see that the problems are not as important as you think they are. They are just illusions of your mind.

Understand what is happening and why is it happening. See the real motives behind people's actions. You have a great advantage - you are awakening.

Interpretation: When you are sleeping, your mind accepts everything that is happening resignedly. You have come to terms with your fate and accepted it.

What is left is just to live the way you think you are condemned to live and from time to time to try unsuccessful attempts to change things.

Is it really true that nothing can be done?

No, it isn't :)

Now you are going to be changing things. Realize life is a dream and only awoken, you can control it and change it. See how in the play, you call life, everyone has a role - some torment you, some love you, some hate you, some beg you for favors.

Observe and you will understand life!

3. Child of God:

Declaration: Every one is part of God - you are a child of Him and your life is part of His dream. By ruling your world with your EXTERNAL intention, you full fill his orders. His Intention becomes whatever your intention is. Then how can you doubt it is not going to be fulfilled?

You just need to ALLOW yourself to have. Do not PRAY - just allow. When you pray, it is like God praying to himself. Does God need to pray? Does there exist a creature that God needs to pray to? After all, he is almighty. The same way, do not pray, do not demand, do not desire. Just INTEND!

Interpretation: Our world is a theatre of dream where God is an actor, director, scriptwriter and producer. Our decisions are His decisions. What we feel and do is what God feels and does. Our Soul is part of His Soul and in each Soul God has placed a part of His intention. Then he sent the Souls in his Dream - our reality. Each Soul is given the freedom to create its own reality depending on how conscious we are. But coming here, in a physical form, we forget our true nature and start wandering in this reality, vaguely remembering we came here to create a new life. People have forgotten they are here not to serve to God but to co-create with Him. This is the secret!

4. Rising of a Star

Declaration: To have true success, you need to stop following in other people's footsteps and set new standards. Whoever broke the stereotypes and offered something new to the world, was the one to create a new standard for success. Pendulums do not support individuality, so they have no choice but to make this maverick a star. To set new rules, all you need to do is ALLOW to be yourself. This privilege is not given by a God outside. Only you, through your will, can give it to yourself

Interpretation: All their life people are told they are not good enough; thin enough, pretty enough etc. They are told success, fame, money are only for "chosen" ones. Pendulums hide the fact that people are entitled to all and that once they start following their own standards and develop their unique qualities, they will get all they want. After all, if all people choose to be free, the pendulums will cease to exist.

Stars are those who chose to be "stars". Pendulums then make them glow. Those stars set new standards for behaving and people copy them. This is needed, so that they (the people) lose their individuality and act in the same manner. That way, the pendulums can control them. This is the main task of pendulums - to control.

You wont achieve anything, while following in someone else's footsteps. There is no purpose in playing a game, where you do not set the rules. Create your own game and start playing. The pendulums will then make you glow, so that other people can follow. This is where the secret of success lies.

5. Mirror of the World

Declaration: Your world becomes what you think of it. It is a giant mirror that reflects your attitude towards it. When you are sad, suddenly your world becomes full of sadness, when you are happy, the world is laughing with you, when you fight with the world, the world fights with you, when you start walking

towards your world, your world starts walking towards you. Every time the world ask the question "What am I" and it accurately becomes whatever answer it receives. To the answer "you are cold", the world becomes an emotionally colder place, to an answer "you are warm and comfortable", it becomes warm and comfortable.

Interpretation: If you think that you have experienced the best of everything already and there is nothing good coming your way, it is going to be exactly that way. If a person has pessimistic expectation, well, he is going to receive them. But if suddenly the person decides to choose to be worthy of all that is best in this world, the world delivers that. The old loser now becomes a darling of the Fate. And he receives all for free. After him, in a long queue wait those, who believe the world is a sad, desperate place, full of evil people. If our darling of the Fate decides to accept this expectation as true, he immediately gets sent at the end of queue, where his new expectations are realized.

6. Boomerang

Declaration: Whatever thought you "throw" at the Universe, the Universe is going to deliver back to you as a boomerang. When someone hates something with passion, he puts into this feeling both his mind and his soul. The result: the image created fills the whole layer of his world. The Universe has no choice but to materialize it...Be careful not to send negative energy in the Universe because it will hit back at you. Do not forget that love is also a boomerang :)

Interpretation: The Mirror of the Universe materializes your thoughts. Whatever you focus on, you get more of it. So, from now on, focus only on the positive. Filter all negative aspects. Before you would complain what you disliked and the Universe would reply: " Yes, you dislike what you focus on and here are more reasons to dislike it".

Now, use your mind and Soul to focus on what you love and enjoy. Search for positivity everywhere and declare that everyday life is getting better and better. If you do this regularly, you will be amazed how you will transform your world

7. Illusion of reflection

Declaration: people just do not realize they are standing in front of a giant mirror in which they see only themselves. You feel the obstacles control you and you have no power over your unhappy destiny. But this is an illusion. A vicious circle form - I have negative thoughts - the Universe being a mirror reflects your thoughts into your life. The principle to control reality states you need to turn the circle - first look at yourself and then in the mirror of the Universe.

Interpretation: You need to form the image you want to see in the Mirror . When you start walking towards the world, the world start walking towards you; Always think only of what you want to achieve and never of what you dislike. What do you get? The former desperate declaration of the reflection is changed with the new deliberate declaration of reality. This is the exit of the vicious cycle. When you start controlling of your world, the EXTERNAL intention start working, and there is nothing impossible for it.

8. Pink Twins

Declaration: There are many places on the Earth, where one can find "pink twins". Those are basically places, full of happiness and miracles. To find such place, put on your "pink glasses" and ignore all the people, who will try to bring you down, to "help" live in the real world. When something good happens to you, catch the feeling and induce it all the time. Soon, you will see more and more pink twins - your world will dramatically change for the better.

Interpretation: Remember one thing: you yourself alone color your world with your attitude. If the majority of your thoughts are negative, then life will be negative. The opposite is true as well. Heaven and Hell aren't in some other dimension or some other parallel Universe - they are here on Earth. You choose between them all the time with your thoughts. There are murders, prisons, floods, accidents out there. Do not focus on them. They can become part of your life if you fix your attention there. Focus only on the good. Evil cannot leave this world, but as a result of your positive thoughts, will leave your layer of the world.

9. Sigh of relief

Declaration: Transurfing is not possible without a high amount of free energy. To materialize our goals, we use free energy to move in the time space continuum. However, some of this energy gets used for potential goals that we never dare to fulfill. This is huge amount of lost energy and in transurfing, we need as much energy as possible. Energy is never in excess. So, you need to either drop your potential goals or finally materialize them.

Interpretation: Many people live life, loaded with unaccomplished goals, unfulfilled duties, plans, restrictions etc etc. All those suck away your free energy. Since you think of all those things, you emit certain vibrations and thus, part of your energy goes to " support" those thoughts and to move to lines of life where you have more of these. So, either get rid of them and free that energy or finally materialize them

ex: Every day you say to yourself - From tomorrow, I will lose weight, stop smoking, become a new person, etc etc. To keep those goals active in your head, you supply them with part of your precious free energy. (and then you wonder why you cannot accomplish other goals - you just do not have enough energy). Everything you delay for eternity is useless load that pulls you backwards

10. Liberation:

Declaration: You shall receive all you want if only you believe it is your 100%. Your choice is a law! Of course, your determination to have is based on your ENERGY of intention. All excess potential takes away a lot of your free energy and what is left is not enough to move you in the time space continuum. You need to LOWER the importance. Nothing is as important as it seems. Slide and calmly walk towards your goal in the physical world. Why worry? You declared to the Universe it is your and so it shall be.

Interpretation:

1. How not to fear? By getting a back-up plan
2. How not to worry? By acting - the excess potentials are scattered by movement in the physical world
3. How not to hope or desire? By putting up with failure beforehand and act nonetheless.
4. How to give up the importance? By accepting it being a part of you and giving up actions, leading to its raising
5. How not to get molested or irritated? By playing up with the pendulum. Acting illogically, you do not resonate with its vibrations anymore and it leaves you alone
6. How to get rid of feeling of guilt? By not justifying your actions to other people. You are a Creator of your world and your actions are none of other's business
7. How to deal with pain and hurt? By quitting the fight with the others and moving along YOUR current in life
8. What to do if you cannot deal with pain and hurt nonetheless? Just allow yourself this weakness. You cannot win all the time
9. How not to give in to the pressure of problems? By using coordination of intention (this is in book 3)

11. Confidence

Declaration: In order to receive confidence, you need to give it up. Lack of confidence comes from raised importance. You do not need confidence when there is nothing important to fight or protect. In this state, there is nothing to worry about or fear. So, if nothing has importance for me, I am free and I let go of all fight. I just swim with my current in the space of variation and I take from the world what I want. This leads to natural confidence that all is as it should be, as I am a Creator of my world.

Interpretation: Lack of confidence creates a vicious cycle. The more you raise importance, the more you desire, the more lack of confidence grows!!! The more you try to control reality, the more you cannot move in the time space continuum; the more you fear and worry, the more you get justification of them. The more you fight for your self importance, the less free energy you have. So, how to escape this cycle?

In no way you can escape.....

The Secret is that the cycle will disintegrate itself when you stop searching for an Exit and lower the importance of things. Stop fighting for importance and you will get it. Stop justifying your actions in front of other people and will get rid of feeling of guilt. Stop idolizing people, events, etc and they will stop controlling you with their importance. Finally, unite your mind and Soul to receive coordination of intention.

To do this, live according to your Creed.

12. Balance

Declaration: While you exist in a balance with the surrounding world, your life will be easy. You will materialize your goals without big effort on your part. However, if you start raising the importance and releasing excess potential, your life becomes a fight with the equilibrium forces. When you determine your goal,

lower its importance - nothing is as important as it looks, your goal included. When you lower the importance, the obstacles will disappear and the problem will get solved. Do not try to fight your problems - lower the importance!

Interpretation: In the world everything aims at balance. Where excess potential appears, the equilibrium forces appear. When you raise the importance, you get the opposite of what you wanted. For example, when you dislike yourself, all your effort is directed at hiding your flaws.

Thus, you raise the importance, which activates the equilibrium forces. This "forces" the Universe to use them to send you to line of life, where your flaws overshadow your positive qualities. However, when you lower the importance, do not overdo it. Lowered importance is not as the same as underestimation or ignorance. You need to see the world as simple. Accept reality the way it is and then, aim at changing it. Lowering external and internal importance also does not mean amenability and abasement. Accept yourself as you are.

13. Charm of the Soul

Declaration: What is the secret of charming people? They have removed all negative slides from their heads and have focused only on the positive. Charm is love between the mind and the soul. Charming people are happy people, who love themselves, but are not bighead-ed. They enjoy life and other people sense exactly this love that shines from this people. Those people are rare, but you can one of them if you start to love yourself, to listen to your Soul and to take action in the physical world towards your goal. In the process, your face and body bought will become more attractive as you will raise your vibrations.

Interpretation: The secret of attractive people is the union mind/soul. Those people do what they love, they love life, they love themselves and because they live according to their Creed, love shines through them. Others detect that and are immediately attracted to such people.

Charm is the energy released from the union mind/soul. By doing energy exercises, you can increase your energy and "donate" some of it to other people, which will make you subconsciously attractive in their eyes. Successful people do have excess of free energy.

Of course, self-love releases free energy but not only. The energy exercises are a must as well. Another power technique is this thought, given by Zeland: I am full of free energy. My energy becomes more powerful each day. I am pure energy source. People sense my energy level and feel sympathy towards me." When you do this technique and see it is working, do not forget to affirm to yourself that the technique is working. You need to affirm to stop the mind from doubting.

14. Self-Love

Declaration: If you do not love yourself, no one will ever love you. Furthermore, you will never be happy. Every conflict between the mind and the Soul shows negatively on your physical appearance and on your character. As a consequence, you move to worse and worse lifelines. Before searching for qualities in others, improve your own self. **Feel** how the pendulums force you to reject your uniqueness and compare yourself to the others. You will inevitably fail, comparing yourself to others. You are your own self and so, accept yourself with your flaws. Then you take your right to be a creator of your life.

Interpretation: The more you get trapped by pendulums, the more you will hate yourself and worship others. Lowering your own importance to raise the importance of someone else is excess potential. External importance occur when I believe the standard, set by someone else, is the peak of perfection. Internal importance occurs when I neglect myself to follow other's standards. To love yourself - stop worshiping others and accept yourself. How is preventing you from creating your own standards? Let others follow you.

15. Looking for Love

Declaration: If you were rejected or suffer from unrequited love or you are looking for love, you NEED to start loving yourself first. If you cannot love yourself just yet, do something to improve yourself. Join a fitness club, start learning a new language, take a course in something - it doesn't matter what. Try changing your look, buy new clothes. When you take care of yourself, you change your focus from looking for love from an outside source, to looking for love from within. Loving yourself is the most dignified goal and it will attract love and abundance to you. You are worth of all the best!

Interpretation: Usually people love themselves only after others start loving them. But the world is a mirror. How can the reflection emit love, if the image doesn't contain it? A vicious circle forms. How to escape from it?

Simple! Start loving yourself. When you take care of yourself, you raise your vibrations, which send you to better lifelines. Love is a boomerang - when you send it to the world, it comes back to you :) So, start vibrating love. It is not as difficult as you think. Just do things you love, think thought of love and love you. The reflection will form only when you create the image.

A connection appears: I send love to the world - the world reflects the love and sends it back to me - I receive love from other people - I feel great about it - I start loving myself :)

16. BELIEF

DECLARATION: The Bible says people will receive things in life, according to their belief. This is true but how to force you to believe? To try and convince yourself is a lost cause; rather, engage in controlling your reality via sliding and positive thoughts. Put transurfing into practice and will see that - external intention will open doors in a world where impossible becomes possible. When

you will see that transurfing really works, then you wont need any more belief - you will have KNOWLEDGE/

INTERPRETATION You are a Creator of you world and you choose yourself how to use the principles of transurfing You are a king (queen) of the world. Do not get influenced by other people and their experience - trust in yourself. Your Soul knows it all :) However, even with transurfing, you are not saved from error. Success grows on series of failures. The majority, if not all famous and successful people have passed through some dark periods in their life. Know the following: if you experience failure - be happy - you are on a way to success. Sometimes you will feel the circumstances work against you; but then, how do you know which road leads to success?

The Guardians of the ancient Knowledge have given it to us not to force us to believe in a metaphysics reality, but to give hope. There, where there is a belief, there will be a place to doubt. Hope is necessary to make you act. Start moving towards your goal, and you will see, that this, which seemed once impossible, now becomes part of your reality. Then hope will slowly be replaced by consciousness. And then you will understand those words: I do not want, I do not trust and I do not hope - I intend and I know.

17. Feeling of Guilt

Declaration: Feeling of guilt inevitable leads to punishment in the physical reality. The human mind is designed that way - bad deeds are to be punished; good deeds are to be rewarded. If notice even the slightest inclination to feel guilty, get rid of this feeling immediately. Live according to your Creed and in this manner, you will avoid the feeling of guilt. People cannot sentence you if you do not feel guilt beforehand. Release that feeling!

Interpretation: If you cannot release it for now, at least stop justifying your actions. Of course, to do so, you need to be conscious (and not under the

influence of pendulums). You do not own anyone an explanation for the choices in your life. If you, however, feel you want to explain yourself to others, do it only in a necessary situations. Do not turn in into a habit!

Also, even if you feel guilty, do not show it. Manipulators only need this to start " torturing" you and stealing your energy. Slowly, the mind and the Soul will get accustomed to the new approach in life in which you live the way you want, without explaining your actions to the others. This will liberate you and you will experience less and less events, where you would feel, you need to justify yourself. This, in turn, will put an end to the problems, which appear as a consequence of vibrating feeling of guilt.

18. FEELING OF SELF - IMPORTANCE

DECLARATION: When someone feels unworthy and hence, tries his best to raise his importance, everything turns upside down; the more you try to raise your importance, the more it decreases. When you stop caring about it, you receive it unconditionally. The feeling of self-importance is (as you may guess) an excess potential. The more you try to raise your importance, the more you will activate the equilibrium forces to send to lines of life, where you have no importance at all. So, when you give up showing and proving your importance, you will receive it. Never ever, however, under no circumstances, try to lower the importance of someone else. In that manner, you avoid problems, the reasons for which, you cannot explain.

INTERPRETATION When you try to strengthen your position and to show off your qualities, you are actually trying to change the reflection of the Mirror. (But not the image itself) This causes polarization and equilibrium forces. You do not need to show or prove anything - you are worth everything just because you are a child of God like everyone else.

To show who you are in reality, you need to cut off all effort in trying to prove yourself. If you do not anything to prove your importance, (and we know all people try to raise their importance), then other people around your instinctively

think that your importance does not need confirmation. Thus, they accept it as an axiom and treat with a lot more respect.

This then unites mind and Soul in the idea that you, as a person, are "valued a lot". Then you start feeling deep down your importance, your inferiority complex fades and your vibrations rise.

19. Creed of a Creator

Declaration: Always be yourself, never betray your creed or worse - if you do not have creed, you are destroying yourself as a person; as a result, everything in your life is upside down. When the image is upside down, the reflection is upside down as well.

You need to direct all your thoughts and action towards one goal - never LIE to yourself and live the life others tell you to. This twists the energetic picture of the world and the equilibrium forces will attack you. You should never be ashamed or afraid to live according to your Creed. Furthermore, you are never alone - your World is taking care of you (if you allow it to).

Interpretation: When you live according to your creed, the mind and the soul unite. If you need to do something the Soul actively detests, then you are betraying yourself and your work will fail. (The famous phrase - the soul prefers to fail in its own life, rather than to succeed in the foreign one) Even if your actions are not what people will call "right", if you live according to your creed, everything will be OK. The creed fixes reality and when the image is clear, the reflection is clear as well. Remember - your world is taking care of you live according to your creed and all your true intentions will be materialized. This is the law!

20. Your own Path

Declaration: It is a waste of time to follow a path, if your heart isn't there. There will be no mind/soul union on this path and in turn, you will feel discomfort,

apathy, unhappiness etc. On the other hand, when you follow a path, that you love, you feel it. The whole world resonates with you and tries to help you with your goals. Search for a path that makes you happy from the inside. You will definitely find it if you search :)

Interpretation: When you do what you love, the Soul and the mind unite, and everything else just fits into place. However, when the Soul wants, but the mind is scared, you'd better be careful. You might want to become a professional pilot in F1, but you need a lot practice beforehand. Just visualizations, it is not enough. Also, you might want to quit the job you hate, if you do not have money in the moment, better not do this. Slides will help you create the life you want, but the physical reality acts with a lot of delay. Months need to pass before what you slide becomes true. Meanwhile, do you burn the bridges behind you? Do not turn down the opportunities life is presenting to you now, just because you want to wait for better opportunities in the future.

21. Verdict of a Creator

Declaration: Your whole life you have been told how to behave, what to do, who to listen to, what is right, what is wrong, what is moral etc. Now, take your birth RIGHT to create your own rules in the layer of your world. You have the right to declare what is right and wrong for you (even if other people disagree completely) in the case that what you do does NOT harm other people. When you create your own Verdict, you declare yourself free from the oppressive circumstances in your life and from everything and everyone who act as an obstacle towards your goal. Your Verdict gives you the confidence that everything is as it should be, since this is what you declared and the Universe mirrors your attitude and your belief. :)

Interpretation: Everyone has an opinion. Some declare an event to be positive when for others - it is negative. It is easy for you to lose your own internal sense

of right and wrong and start following the mass. Now, remember: you, as a child of God, have equal powers as the others to rule the layer of your world and label what is positive and what is negative for you. The Universe is a mirror: it agrees with everyone :) so, it shall agree with you as well.

There is one condition, however. When you declare what you want, you **MUST** have the courage to go after it, in the physical world. Only changes in the metaphysical world are not enough. If you feel scared, or unworthy, or immoral, etc to go after your goal, then your Verdict loses its power; your goal turns into a simple desire. And we know that desires are not implemented, dreams are not fulfilled - only pure intention is accomplished. It is not important whether or not your thoughts are right/wrong - the point is how much you **believe** what you think and act is correct for you.

Your Verdict has a power only in the case the mind and the Soul are united. Thus, use your Verdict to move along the path of your heart.

22. Declaring the Intention

Declaration: To control your reality, you need to control your thoughts. Declare clearly your intention to the Universe and focus on the goal. However, this does not mean you should be focusing on the goal 24/7, because this will lead to resistance. It is important you let go. If you allow your mind to "sleep", do it with the conscious that your mind is sleeping, because you allowed it to and every second you can go back to focusing on your goal. Controlling your mind is a tough job, but you got to do it ;)

Interpretation: In general, thoughts just arise and die, you think all the time, most of the things you think about have no influence whatsoever on your reality; you just think because of the habit. Now, if you want to see fast changes for the better in your life, learn to control your thoughts. Declare out loud your goals. Apart from that, Zeland here recommends one powerful thought that should be declared every single morning:

"In my brain there is set a program on self-development. My brain develops and improves all the time. New communications between hemispheres is created. Both hemispheres work accurately, harmoniously, synchronously. Brilliant ideas come to me. I think in a new and original manner. Brain reserves get activated and now my brain is active with over 90% of its full capacity. My intelligence becomes more powerful every single day and so, I easily solve any problems. My consciousness clears up - everything for me is transparent and is simple. I clearly understand all and I clearly state all".

23. Determination to Act

Declaration: If you want something, do not waste time and energy to hesitate. Go and take what you want, just like you go to buy your newspaper. Do not over-think. You need to have determination. Whatever you want - a parking spot, a new home, a new car etc - do not think. Just go and take it. (Yes, you will have to wait some time, depending on your intention and resistance level) While you wait for your order to the Universe, accept that your waiting time is not really a waiting time, You are moving through different lines of life in the time space continuum. Let go of fear, doubt, HOPE - just remain with a DETERMINATION and you will have what you want. Zeland says that he never thinks whether or not he will have to wait on the bus stop, or wait for parking spot or wait in a queue - he just knows that he is going to receive what he wants. He says that, for example, when he goes to the bus stop, he never thinks how much will he wait for the bus - he just knows the bus will come immediately. And it happens so. So, he now says - FEEL this condition of determination to receive what you want without obligations or boundaries or conditions...

Interpretation: Usually, when you want something, you start asking yourself - is it going to happen or not? Should I do something more? How is it going to happen? Get rid of this bad habit. Yes, all you want is going to happen if you have determination to act plus leave enough time for the Universe to deliver. Wishes

are not fulfilled, dreams are materialized - pure intention is always accomplished.

Whatever you do, do it with CONFIDENCE. Of course, you may fail but your chances for success multiply if you lack hesitation. And if you fail - so what? Remember coordination of intention! This will guarantee success...

24. Determination to Have

Declaration: When you have no trace of doubt or fear and you are left with pure determination, then the impossible becomes possible. It is possible to pass on a test, without knowing the material, to win a court case when everything is against you etc. Give up your strong desire to get what you want at all cost. That way, you are showing only resistance. Instead, accept DEFEAT and think like you have already achieved your goal. That way, you are showing no resistance. Also, avoid emotions. Act passionlessly as what you want is already yours. Leave hope behind and remain only with the determination to receive what you want. You set your intention to the Universe, so you are going to receive it. There is nothing to worry or cry about.

Interpretation: In the metaphysical world, a wish is a focused attention on the goal itself; an intention is focusing on the process of movement towards the goal. See, your intention, set daily, releases energy that moves in the time space continuum to finally pass to the lifeline with your goal. The wish is simply "staring" at the line of life, that contains your goal but with no movement towards it. Well, with no movements towards it, you cannot have it, as it is not the wish that gets brought to you. It is actually you, who travels in the time space continuum to the line of life, where the goal is contained.

Intention is of course, 2 types: external and internal. With external, you deliberately pick a line of life, which already contains your goal. With internal intention, you try to "change" the world to obey your orders. You actually want your goal to come to you, on your line of life. And we already said that you cannot make your goal come to you - you yourself need to release enough

energy for the Universe to move from one line of life, to another which contain your goal. To use external intention you need to make your order to the Universe and allow time for the Universe to move you. (Also knows as letting go :)) Of course, to clear resistance, you might use various techniques but even without them, if you do not DOUBT, or hope or fear, or show any other emotion, you will reach your target. Do not forget that for external intention, you need a mind/Soul union; without it, nothing is possible. And as Zeland says himself - your possibilities are only limited by how strong your belief is.

25. Cleaning your World

Declaration: When you feel depressed or down, put order in your place. Clean your house, remove some furniture, change the interior etc. Get rid of old memory-filled material possessions in your place and replace them with new ones. You will immediately feel better.

The same way, remove all negative thoughts from your mind. This is a must!!! Fear, doubt, hatred, blame, bad anticipation, critique etc - all that garbage should be thrown away. Leave only the DETERMINATION to get what you want. The only feeling you should obey is PURE (not polarized) love!

Interpretation: The best medicine against depression is creation. In this process, the Soul will recover its loss desire to live. Creation is a very broad term. For example, physical work is creation. Cleaning your office is creating a better place for you to work at; going to the gym is creating a better body for you to live in etc. Just do something you enjoy and see the result. Actually, in this process of creation, the negative energy that was released because of your depression was used to move you to a line of life, where you have created something. And thus, it is not being trapped by pendulum, so, you wont be sent to a negative line of life. :)

In that manner, create a new thought pattern. Your world will become a reflection of what you envision it. Feel the world as a loving, caring place, which has only

the best for you. The worlds are not important. It is the FEELING that determines what you project in the Universe. Feel LOVED by your world and by the Universe.

If you think fame and fortune are only for the chosen ones, so it shall be. If you feel the world is bitter and cold towards you, unfortunately so, it shall be...

As the Universe is a Mirror...

26. Wave of Success

Declaration: Sometimes you are in high spirits and feel great and then, you again sink in depression. How can you retain the feeling of love towards your life? By remembering it. You have to constantly retain this feeling of happiness in your mind and re-live it always. Notice all positive events in your life, focus on even the smallest accomplishment, such as observing the rising Sun or hearing the song of the birds. Catch those entire small occasions that bring happiness and they will lead to bigger ones. Search for positive signs in all events and observe how your life changes for the better every second.

You have to be aware EVERY SECOND you are practicing transurfing and moving towards your intention. This will bring you confidence and calmness. All those negative events will actually bring you closer to your goal, if you DECLARE them as positive, rather than negative. When the sensation that your life is full of love and happiness becomes a habit, then you will be on the crest of the wave of success all the time.

Interpretation: Be grateful and happy of everything you have at the moment. Yes, sometimes the circumstances are such that is very difficult for someone to be happy. With negative energy, however, you gain nothing. It is more practical, despite your problems, to try and see the positive. Do not let negative people, news, or any other form of negative energy in your life. When you deliberately notice and react only to positive energy, around you arises an area of harmonic

fluctuations; and so, everything aligns perfectly. Positive spirit leads to success and creation.

27. Chasing the Illusion of the Reflection:

Declaration: How do people react when they see that what they want is not happening? The mind is unsuccessfully trying to "influence" the reflection in the mirror when he should aim at changing the image itself. The situation is just wrong: someone is standing in front of the giant mirror of the Universe, trying to "catch" the reflection and change it. **The image represents the thoughts and the attitude in life.** What you need to do actually is distract yourself from staring at the mirror of the world and quit your narrow-minded (as Zeland puts it) intention to turn the world in your direction. Start forming new thoughts in your mind and send them to the Universe. If you have positive thoughts **DESPITE** what is happening in your life, the reflection will change and all will be as you wish.

Interpretation: Zeland warns to change your reality for the better; first you need to clear all your thoughts from all negativity. Discontent, unwillingness, aversion, disapproval, hatred, disbelief in success and so on - all this garbage should be removed. Your thoughts should be directed at **ONLY** things that bring positivity to you. Be prepared, however, that for a certain time **NOTHING** is going to happen in your life. This is not because the Universe is delaying the materialization of your intention, but because movement in the time space continuum takes time. (This movement depends on the quantity of pure energy you release) In this period with movement in the metaphysical world, but nothing happening in the physical world, it is highly possible many pendulums will try to trap you. This is one of the tests of the Universe - the Universe will materialize what you want, but you should **NOT** answer to the provocation of pendulums and release negative energy. The more negative energy you release, the slower will you reach your goal. Always remember the physical world reacts with delay to the changes in the metaphysical one. (It takes time for what you think of to become reality)

As in the fairytale: "if you look back - you will harden (turn into stone)!" No matter what negativity happens in your life, do not LOOK in the mirror of the world; do not try to change the reflection. Just keep your positive thoughts. Sooner or later, your thoughts will form the desired image. If you do not give in to a temptation to look back at your past and negative experiences you want to change and instead firmly hold on to your new positive thoughts, you will materialize your goal.

28. Forming the Image

Declaration: To embody your thoughts in the physical reality, you need to repeat them in your head over and over again. Of course, you might not believe, it is so simple, but actually it is. You just need **daily** mental work. It is simple, but it is effective. People fail however because they lack patience. You need to repeat your mental image again and again DESPITE seeing negativity in your physical world and despite NOT seeing any improvement for the time being. Changes in the physical world take time. (*- big changes require mental work for about a YEAR daily*)

As Zeland says - *there are no miracles. There is concrete and continuous work for controlling reality.* You do the work - you reach your goal; you do NOT do the work- you do NOT reach your goal. Simple as!

Interpretation: If the mind does NOT contradict the heart, an enormous force is released in the Universe - the EXTERNAL intention. It moves you in the time-space continuum to the sector of the variation, where your goal is achieved. The world agrees with what you think of it. But then why do we mostly achieve what we do NOT want?

Because the mind FEARS, DOUBTS, OVER-THINKS. The union is broken and the energy released only by the Soul is not enough to move you in the time-space continuum. Ironically, the mind and the Soul always agree on one account - our biggest fears. So, they release external intention and in the end, we reach

the line of life, where our fears are materialized. Both of them are "designed" to protect us and try to keep us alive - the instinct of self - preservation. Now, instead of ALLOWING them to think of your biggest fears, change your focus to something really positive and imagine yourself happy and safe. This wont "feed" energetically your fears and they wont materialize.

To achieve every goal, no matter what it is, you need CONSTANT, DAILY visualizations...

29. Give Yourself to Me, my World

Declaration: When you want something from the world, do not try to force the world to give it to you. In this case, the world reflects your " desperate attempts" and you only receive more desperation and more wanting. When you want your world to come to you, do the first move. Start walking towards your world and the world will start walking towards you. Give up what you want, replace it with an intention to give and you will receive what you gave up.

Interpretation: You want respect from someone? Then start respecting people yourself. You want others to love you - then give love to yourself first. You want compassion and solitude? Express those feelings yourself. The way you treat yourself is the way your world is going to treat you. If you think the world " owns" you something for your suffering or if you think you have the right to " demand " from the world in your role of a child of God, you wont receive anything. First, because no one likes ungrateful people (including the Universe), second because the Universe cannot provide for you what you do not vibrate. If you vibrate lack and desperation, you cannot receive love.

30. I Give Myself to You, my World

Declaration: Usually people are consumed with thoughts what they want to get from others and rarely think what the others actually want. When you change your focus to what others want, you will obtain actually what you want. Determine

what is the internal intention of people around you and use your external intention to give it to them (this is explained in details in the chapter "Freiling") when you direct your attention at others, they will do the same for you, even if they are not aware of this. Now, every time you want something from someone else, ask yourself "What does this person wants, what does make him happy"? When you act towards helping that person obtain happiness, you will receive the help you want from him'

Interpretation: Problems arise from the clash between different internal intentions from different people. Everyone wants to reach their goals and the goals of one group of people usually contradict the goals of others. As a result, conflicts or even wars arise.

Use your external intention to help another person reach his internal intention. At the base of all internal intention lies the feeling of self-importance. When you raise the person's self-importance, you will get their good will. To get their attention, show sincere interest in their well being. Talk to people about what they are interested in, not what you are interested in, and they will subconsciously like you a lot. People are NOT interested in your qualities or flaws - they are interested in what happens to their feeling of self - importance while communicating to you: do they feel intimidated, threatened, flattered etc? To make someone help you, help him first raise his self-importance...

Rule 31: Reaction of a Mussel

Declaration: Usually people react strongly to a negative event and show almost no emotion to positive events in their life; people do this unconsciously, by habit. Zeland calls this - reacting like a mussel. In his own words: *And now, please, lift yourself one step above the mussel and use your advantage to express attitude consciously.* You CHOOSE your reality with your intention. No matter what the circumstances now, adjust to a better life by producing positive thoughts all the

time. When you control your thoughts, you control your reality and vice versa: when you do not control them, your reality controls you.

Interpretation: Negative attitude forms negative image in the Mirror, which reflects as negative lifelines for you. When you get aggressive, the world gets aggressive towards you. When you fight with someone, inevitably something else bad will follow. This is because the Universe is a mirror and it takes time to respond. The second bad thing is a response to the first one. The quantity of thoughts is not importance, the quality is. Better thoughts - better lifelines. :) You DOMINANT thoughts form your mirror. When you understand and determine the negative feelings, which bound you to the reflection, you can let go of the mirror and focus on new thoughts.

You should not suppress emotions as this will act against you - you need to change your attitude - the way you react to the world

32: Declaration of a Creator

Declaration: By your will you declare each event in your life as positive or negative. *This is not a trust into the good will of the world, which takes care of you, this is not a confidence which the obstacles can destroy each second, this is not prudence, based on a blind faith in the success, and this is not optimism as part of your nature. THIS IS A DECLARATION OF A CREATOR.* You become a creator, however, when you state your intention and ALLOW the world the freedom to move you. (External intention)

I will quote Zeland here again *things in asterix are quotes from Zeland*

Interpretation: *The Creator is not such an active doer, as he is an OBSERVER. Not to suppress, but to allow - this is what his intention is all about. Looking at the mirror of the world, you should not try to catch the reflection but should change the image with the focus of your thoughts.*

If you think the intention is the ultimate expression of your will to DEMAND from the world what you think is "rightfully" yours, you will not get anything

And if you pray to the world to give you what you think you "deserve", you will again get nothing, All you need to do is to state your order and allow the Universe to deliver;

You do not allow because you demand, pray, fear, or doubt - in this case the Universe also demands, prays, fears or doubts as it completely reflects your attitude being a mirror; you allow because you FEEL it.

Feel the world, allow it to be a great place for you, give freedom to the Universe. This is an oscillating feeling that passes quickly but you need to catch it. Imagine something incredible - the cold, hateful, problematic, aggressive, difficult, uncomfortable world becomes suddenly loving and caring

33. Rule of the Pendulum

Declaration: The rule of the pendulum is "Do as I do". This means: change yourself, become a copy of me, follow the established rules. When you try to follow and compare yourself to the others, you feel deeply miserable. It is impossible to be as "perfect" as the others. You are yourself - to be successful, you have to break that rule of the pendulum. You have to establish your own standards and follow them.

When people break that rule, two things happen - they either become successful or they become ignored by society. When people are confident they have the right to establish their own norm, they become stars - when they fear or believe they are not "dignified" enough to set their own rules, they fail and society completely forgets about them.

Interpretation: Pendulums set the norms of behavior in a society. People do not realize that they are given a model of success, which they desperately try to imitate. Such model cannot be an example, however, as the Soul of everyone is unique. True success comes from union Soul/mind and is not based on the

success of someone else. If you follow other people' s footsteps, I am afraid, you will have to follow forever and you will never reach success in your own right. Since you are part of society, you have a certain position in the hierarchy. When Zeland says do not follow pendulums, he doest mean to try and confront them all. This is not possible. You cannot escape all pendulums. The point is act consciously and do not release negative energy in the Universe: use coordination of intention.

34. 'Rule of Transurfing"

Declaration: Replace the rule of the pendulum "Do as I do" with the rule of the transurfing "Allow yourself to be the way you want and the others to be the way they want". Basically, it says to let go. Stay true to yourself and do not try to change other people and force them to be the way you want them to. Remove your projections of expectations of other people. Your expectations of other people twist the energetic picture of the Universe and you activate the equilibrium forces against you. By NOT doing that, you will remove mass problems from your life.

Interpretation: This is the ONLY way for you to find your true path in life. When you are to face a conflict in your life, ask yourself: what should I do to keep the rule of transurfing working for me?

That way, by being true to yourself and yet, allowing other people to be the way they want themselves to be, you will avoid also feeling of blame, unworthiness, and will establish better relations with those around you.

35. Lowering the Importance

Declaration: All non-equilibrium feelings and reactions: " indignation, discontent, irritation, anxiety, excitement, depression, confusion, despair, fear, pity, attachment, desire, affection, idealization, a worship, delight, disappointment,

pride, conceit, contempt, disgust, insult, etc" come as a consequence of raising the importance of things.

Pendulums trap you and transform you into a puppet. To reduce the importance does not mean to struggle with your feelings and to try to suppress them; instead you should change the reason for the feelings - your attitude. It is necessary to realize that importance will not bring you anything, except for problems

Interpretation: Problems as such do NOT exist - what exists is the RAISED importance of things. When you intentionally lower the importance, problems easily get solved. Pay attention: not to underestimate the problem, but to lower the importance. Accept the problem as a game and look to it from the outside, soberly and impartially (as an observant, not participant).

When you lower the importance, you will enter an equilibrium condition, and pendulums cannot establish control over you control because you will not be emotionally "charged", but neutral. It does NOT mean to turn into a robot.

Emotions are generated by attitude; therefore it is necessary to change the attitude. Feelings and emotions are only consequences of your RAISED importance.

To illustrate his point, Zeland gives an example. Let's assume a person I know has given birth, or has gotten married. Is it important to him? No. Is he indifferent towards the event? Again no. Catch a difference? Simply I do not inflate from this a problem and I do not exhaust about it myself and associates. Simply he does not inflate problems and so, he does no "torture" with his problems those, who are around him. Strong tendency to raise external importance creates fanatics; strong tendency to raise internal importance creates cretins.

36. Quit the Battle with the World

Declaration: The world reflects as a mirror your attitude towards it. When you hate it, it hates you back. When you fight it, it fights you back. When you battle it, it battles you. When you, however, stop the battle and MAKE THE FIRST STEP

towards it, the world suddenly starts walking towards you. This means - do not try to change the reflection (thus, the consequence of your actions or thoughts) - change your ATTITUDE ... If you allow yourself to have what you want and do not question that, the external intention will find a way to give it to you. You desperately want to achieve your goal??? This desperation is going to fail you. Think of it in this manner: I go to take what is rightfully mine"- it is already mine in the metaphysical reality and in a matter of certain time, it is going to manifest in the physical reality as well"

If you are desperate, it simply shows you do not believe that what you want is ALREADY yours in the metaphysical reality (thus, in a certain line of life in the time space continuum) and if you do not believe that, the Universe cannot move you from your line of life to the new one. :(

Interpretation: Pendulums prompt in you the belief that one should fight to reach his goals, should battle the world, and should change completely. You believe you are too flawed for your goals and need to improve to reach them, and then, you change, and realize you actually still haven't achieved those goals....

This entire scenario has one main task - to take energy away from you.

Pendulums need energy to feed on and they need to take it from someone - every time you have negative thoughts (or reach negatively to the world around you) you willingly give your energy to the pendulums. (And in the process, lower your vibrations so much that you actually transition to a worse line of life, to match your "new" worse vibration)

No one can force you to give your energy nevertheless; you do it all the time, when you react negatively. In this moment, you should "wake up" from the dream and see it is all a game. You fight because you are full of internal and external importance

To reach your goals, you need to ALLOW yourself to have it here and now.

As Zeland himself says: *If you cannot take what you want and cannot allow yourself now, postpone for later. However, postponing for later leads to a state of*

being where life is being considered as a preparation for a better future. You are discontent with the present and live with the hope for a quick improvement. With this attitude, the future never occurs. With the same success, you can go and chase the sunset. It just won't happen....

37. Coordination of Intention

Declaration: If you decide to see a negative event as positive - it will be that way. No matter how bad things look in the moment, they will brighten up if you instead of negative, release positive energy in the Universe. Otherwise, things will get worse. With every obstacle, tell that if what you want happens - fine; if it doesn't - better! With that attitude you will avoid mass problems. After all, your world DOES take care of you and who knows by not giving you what you want, from how many troubles it is saving you. Say that no matter what happens, it is all in your favor!

Interpretation:

Life is a chain of actions and consequences. That is, one line of life leads to another and so on. The line of life, on which we act is always closely situated to the line of life, where is the consequence. Each line of life divides into 2 more lines: one better and one worse. When we release negative energy, the consequence becomes bad for us. When we release positive energy, we choose the better consequence.

Usually people experience chain of negative events. This is because when something bad happens, they release negative energy, which further sends them to a line of life on which they experience again something negative. And the process is endless. So, negative events do not follow from the original one, but from your attitude!

The principle of coordination of intention allows you to always pick up the better consequence.

38. My world is taking care of me:

Declaration: Start your day with this phrase. Use it whenever happens in your life. (Especially declare that your world is taking care of you when you are in a bad situation) When you are successful, also confirm that your world is indeed taking care of you.

Interpretation: First, you need to start stating this phrase every day, to avoid problems and negative lines of life. When something negative happens, **ALWAYS** state this phrase to return to better life lines and to restore your energy; you need sufficient energy to reach your goal and if you respond to negative vibrations in a negative way, you will never reach your goal. This phrasing is important to keep in successful lines of life.

Adam says this is (I quote him): **EXTREMELY POWERFUL TECHNIQUE.** Try it for few days and see the results.

The Universe is a mirror - whatever you declare, that is what you will receive

39. Against the Current

Declaration: Observe at least for a day how your mind tries to flow against the current. Someone says something, you refuse to listen; someone gives you something, you refuse to take it; another person does something you don't like and you feel entitled to criticize him etc. This all happens when you play the participant. Now change the tactics and play the observant. Observe life and do not express negative feelings whenever something happens, which does not "coincide" with your plan. Life will become easier that way.

Interpretation: The mind has a fixed solution for everything. Everything has to go according to his plan. However, life is way too vast and the mind cannot find a stable solution for every problem. Yet, he tries all the time.

Situations change all the time and that is why we should play the role of the observant. When you desperately hang on to your scenario, you try to go against the current of life and cause yourself trouble. The mind tries to control not your attitude, but the current itself. However, the Universe does not always go in the direction the mind wants. The only control the mind should be exerting is the control of the internal and external importance. If you do not try to go against the current, the problematic situation will fix itself in your favor without your direct participant...

40. Going alongside the Current

Declaration: Trust the current of variance. Get into equilibrium with the surrounding world. Do everything in the easiest possible way. When in a situation, do not act as a participant, but become an observant. See the difficult situation from a neutral point of view and determine where you place excess potential. Remember: nothing is as important as you think it is!!!

If something does not follow your plan, let go of your plan and trust. You are given an advice you do not like - do not reject immediately but think. Someone does or says something you do not agree with - do not criticize but ALLOW the other person to live according to his will.

Interpretation: The mind constantly tries to control everything. However, the current of life does not obey such control. Transurfing helps you let go and trust. This is a crucial step. To learn to go with the current of life, you need to learn to trust. You create your obstacles by yourself. It is easier for the Universe to keep you flowing on your optimal lines of life, because on them you release only pure energy. On the contrary, when you release polarized energy, the Universe has to activate equilibrium forces and to change your lines of life, which involves loss of pure energy.

If you do not fight the Universe, you will flow on the best possible lines.

41. The Habit to Remember

Declaration: To find a solution to any problem, you should first remember that all problems arise from raised importance. Until you realize that not your problems, but your ATTITUDE to them determines your success, the obstacles will reign over you. Zeland says- wake up and realize that life is just a dream that you can control through the help of transurfing.

Interpretation: Pendulums use your negative energy to feed on. Yes, it is a lot difficult to remain calm and positive when you want to scream and fight but the more you are conscious, the easier it is. Do this experiment: every day, for 5 minutes, 3 times a day, become conscious. Just observe what is happening around you and observe what thoughts are coming to you. When you are conscious, you CHOOSE your thoughts (and ignore your negative ones). The habit to remember life is a just a dream takes time to develop. However, it is essential if you want to change your life ...

42. Breaking the Stereotype

Declaration: If someone tells you need to work hard to get what you want, do not believe him. If someone tells you that you are obliged to work "in the name of something or someone", do not believe him; if someone tells you need to change your yourself to succeed, do not believe him. If someone tells you because you are born poor, you will stay that all your life, do not believe him; if someone tells you your abilities are limited, and do not believe him.

Interpretation: From a logical point of view, everything in transurfing is turned upside down. If you do not want to live like everyone else, then you are a Wanderer. In transurfing, Fate does not choose the Wanderer - he chooses her. You will achieve what you want, when you remove your

limitations and your "logical" thinking you have to allow yourself to have what you want, to ignore stereotypes and other people's opinion and to release yourself from the pendulums. After all, miracles happen all the time, if you believe in them :)

43. Visualizing the process:

Declaration: Whatever you do, you will have a tremendous success if you not just observe your work but constantly express gratitude and love towards it. See how everyday your creation is getting better and better, and how happier and happier you become with it. The principle is the following: Today, I do everything better than yesterday and tomorrow I will be even better. When you slide in your head, **all** obstacles work towards your goal, even if you think this is not so; but if you slide your goal and in the same time, visualize the process you literally FLY in the time space variation towards the life of life that contains your goal

Interpretation: Lets assure you work towards a project. In the process of working, visualize how your project becomes more and more perfect. Imagine how the details become more and more precise. Imagine that today you finish one aspect of the project, tomorrow - another. Imagine your project changing for the better every day and also visualize the final version of the project. That way you slide both the process and the final destination....

It is necessary to **FEEL** how your project becomes better and better. The happier you are, the better your project will be

Repeat in your mind: everyday I am getting better and better in everything. I am a genius.

If you work towards improving your body, imagine how it is getting better and better every day. Take care of it, send it love all the time, imagine how

at some places muscles strengthen and fat melts ...Soon, you will discover how fast your body is changing for the better.

44. The Slide

Declaration: Usually people place attention most on action in the physical world. That is however not effective. Using the power of the mind, combined with action in the physical world, allows for the manifestation of your wildest dreams. In order for the thoughts to produce result in the physical world, they need to be reinforced over and over again ...Slide in your head, the picture of your goal already manifested and live in that picture.

Interpretation: When you slide, you move from your current line of life, to the one that contains your goal. Do not think how this transition happens. Focus ONLY on the end result. When the divine timing is right, the external intention will lead you to the line of life, where you accomplish your goal. However, when you slide, do not merely observe it, but live in it. Experience it with your senses. Show gratitude for everything you have. Imagine more and more details.

But do this, only when you are happy. Never slide when you are upset, as you translate that emotion into the slide ... Also, do not slide all the time. You NEED to live in reality as well because one of the rules to change your life is first to ACCEPT it the way it is in the moment and to make peace with it....

When you slide all the time, then you adamantly refuse to accept your life now and try to "escape" it in your mind. And this will lead to more resistance and to more negative events for you....

45. The Path Towards the Goal

Declaration: Remove all importance, and leave only the pure intention. You should move towards your goal like you move towards the newsstand to buy your newspaper. No emotions, just determination. The only things that can fail you are: too much responsibility, too much trying to be perfect and fear of failure.

When you slide, don't include scenarios, just the final goal. If you concentrate only on the final goal, the external intention will deliver it for you.

Interpretation: If you think your goal is impossible or at least, unlikely to happen, those negative emotion will fail you. How should you make yourself believe you can have what you want? Simple. You cant :) Forget about belief Just slide in your head ... again and again. Do not worry how events will align for you. Even if you do not see any confirmation that you are moving towards your goal, continue sliding People, who are highly successful in life, all confess that they never ever expected that they would achieve all this. But nevertheless, they did not stop dreaming

Only one advice: Do not place your goal on only one card - always have a back-up plan, if something goes wrong.

46. Doors

Declaration: Your door is the pathway that leads to the lifeline, where your goal exists. When you slide in your head, the external intention opens in front of you many doors. All of them lead to your goal

However, not all of them are **your** doors. If you get tired, frustrated, sad, and angry and generally feel bad while on your path to your goal, then this is NOT your door. However, if you feel happy and full of energy, then you are moving on the right line of life.

The other line of life, with the other door, will still lead you to your goal, but the

price you will pay in terms of energy loss and negative feelings will be greater. Examine how you feel all the time. This is the indication of whether or not, you move through your door.

To open your door, you should just feel great and grateful and at the same time, slide your final goal. Then, the transition to your door will happen. Your right attitude is the key to your door. But then, do NOT force yourself. If something makes you sad and upset, don't try to feel happy. Acknowledge that this is not your door and find other way to reach your goal. In an abundant universe, there are millions of doors that lead to your goal :) Never limit yourself in terms of doors. If something doesn't happen in one way, then it will happen in another :)

Interpretation: Live for yourself, and yourself - only. Your general well being is highly important indicator and it the best KEY to open your door. Pendulums teach people that you need hard work to succeed, you need to struggle and cry and fear and hate and so on and on, but actually you do NOT need to. You just need to ignore pendulums. I say "ignore" and not "fight," because you cannot fight them. The only way to win the battle is to choose not to play in it. The moment you start fighting with pendulums is the moment you give away your precious energy.

Happiness is constantly in the future, hidden beneath surface of false stereotypes and illusions. Aiming at perfection, you wont reach it. Living your life as you best self, you immediately feel happy. :)

When you feel happy and content with your life, money also flows to you.

Everything in the Universe synchronizes with you. The false stereotype says - you need first to work hard, earn money, and then start going after your goal (when you are financially stable). In reality, your goal will bring more than enough money for you because it will make you happy. And happiness brings the best possible lines of life for you. The Soul agreed to come here to experience the art of living. But now, you have to ask yourself - what do you live for? For yourself

and your goal; or for false stereotypes (you have to be such and such ... to be successful) and pendulums?

47. Dependence:

Declaration: If you feel as if the Universe is "deliberately" acting not in your favor, ask yourself: What are you raising the importance of?? When you think the whole world is going against you and despite your best effort, things are become worse and worse, then you are full of internal and external importance. The more you insist on your desires, the more the Universe is going to keep you separated from them (this is a law!!)

It is like you are holding the Universe by the throat and she is trying to let go of you. As Zeland says - *release the Universe and allow her the freedom of movement.*

Remember those 4 rules :)

- 1. Allow yourself to be the way you are and allow others to be the way they want to be*
- 2. Do not compare yourself to others*
- 3. Do not "attach" you to anything*
- 4. Accept things easily and let go easily*

Interpretation: When you raise the importance of something, you create a strong energy field around you (but of polarized energy). We talked about pure and polarized energy. This polarized energy twists the energy picture of the world. In other words, this polarized energy activates the equilibrium force of the Universe against you. The Universe is in itself "neutral" .It is a vacuum. Pure energy is neutral energy. It is energy of creation. Polarized energy is energy of emotions - both positive and negative. That energy disrupts the vacuum. Then, the Universe acts against you to restore the vacuum. This is what those equilibrium forces do - restore the neutrality of the world.

Zeland has said this many times - go towards your goal like you go towards the store to buy something - with no emotions. The more " empty " you are, the faster you will receive what you want.

The most dangerous type of polarization is relation of dependence. " If you love me, you will do this. If you want me, you will do that. Since I love you, you will listen to me" etc." This creates HUGE energy force against you.

Do NOT ever depend on your goals. Nothing is as important as you think it is. You are **not** here on some God - sent mission, you are here to experience life. Even if you do not accomplish anything in this life, so what? You are not here to accomplish things or to serve others or to explain yourself to other people - you are here just to be.

When you place importance on you goal (and we all do), then you send polarized energy in the Universe. You activate the equilibrium forces. They, in turn, to restore the balance in the world, will send you to lines of life, where there is no sign of your goal. You continue to cry for your goal? Fine, then the equilibrium forces will send to even worse line of life ... Also, pendulums will attack you. It is essential you keep you emotions in check ... and TRUST, trust the Universe. Finally, do not compare yourself to others - HUGE polarization occurs. You are the way you are - they are, the way they are. Simple as.

All comparisons lead to conflicts....

Have you though why people say that opposites attract each other?? Because that way, balance is restored and the Universe is again neutral.

48. Looking for Love

Declaration: You don't need to look for love, love itself will find you. In order for this to happen, you should repeatedly slide in you head your life with your soulmate. When the Divine timing is exact, that person will walk into your life. Then it is up to you. You should do the FIRST move (if it is your slide, most probably you will have to do the move towards your partner) and get rid of all fears and prejudice. Remember: always be yourself. Live as you would want to

live. Live according to your creed. Otherwise, the Mirror of the Universe cannot reflect back your true desires. (because when you do not live according to your creed, the Soul is unhappy and you pass on negative lines of life). If, for now, you cannot live based on your creed, then at least monitor your thoughts and be happy.

Interpretation: The love slide should contain a non - concrete person. Only in an emergency time, slide a concrete person but with this you risk a lot. When you slide a concrete person, the Soul of this person gets notified you slide him/her, so most probably will do its best to get away from you. Of course, in the space of variance, everything exists, so the possibility of you and this person together also exists, BUT this person is not your passive object. If the Soul doesnt like you, that person will unexplainable get colder towards you and will try to distance him. This is the price you pay.

So, better, use a living person for an inspiration what your dream partner should be and slide this virtual non - concrete person.

To quote Zeland directly: Human relations are exactly the case, where you should COMMUNICATE with the living people, not fly in the sky, lost in dreams....

all emotions are needy ... they all lead to polarization joy as well

if you slide the other person being happy (not with you but in general), then no, the other person wont detach from you; rather, will like you even more

if you slide the other person being happy WITH you, then yes, most probably, the person will detach ...

nobody likes to be "manipulated" energetically this applies for business partnership as well. :)

49. Stopping Pendulums

Declaration: When you decide to stop pendulums from feeding off you, be ready for provocations. When you face an unwanted situation, you have two options: either lose your balance or raise your vibrations. Pendulums feed on negative

energy, so every time you express negativity, pendulums attach to you and steal your energy. They literally suck it from your aura, so that is why you feel depressed and powerless.

If you were to react the opposite way, with gratitude and love to a visibly unpleasant situation, pendulums cannot attach to you. The higher your vibration, the more shielded you are, against their attacks.

To win the battle, change the scenario of the game. Reach positively, when faced with a negative event.

Interpretation: Pendulums feed with energy. They provoke you all the time. Pendulums are energetic - informational structures that vibrate on certain frequency. When you react negatively to something, you ALWAYS start vibrating on the frequency of a certain pendulum. ONLY WHEN YOU AND THE PENDULUM VIBRATE ON THE SAME FREQUENCY, CAN IT ATTACH TO YOU.

When you react with positive thoughts to an unpleasant thing, you vibrate with a lot higher frequency than pendulums. With such a dissonance between your vibration and the one of the pendulum, it cannot attach to you and your energy is safe :)

Think about that: All is energy. When many people unite and think strong negative thoughts (such as during a war), they start vibrating on a common frequency and emit huge negative energy in the Universe. In theory, that energy is enough to harm the planet (the Earth is an energy center and btw, it also has chakras just like humans and animals); if not to destroy it completely, at least it can destroy it partially. But it never happens - this is because the majority of that negative energy is absorbed by pendulums and the amount that is actually sent to the Universe, is minimal.

Pendulums balance energy and don't allow it to harm the Universe. (but they do harm the one who has dared to send negative energy in the Universe)

50. Failing Pendulums

Declaration: When you ACTIVELY think what you do NOT want in your life, this is what you are going to experience. To get rid of what you don't want, you first need to ACCEPT it in your life. Yes, it exists and if you deny that, then you are actually deluding yourself. To accept it means to admit that in the present moment, this unpleasant person/situation/thing does exist in your world. Then, after you accept this, you need to let go of it.

Thoughts are not yours. They derive outside of you and are actually sent to you. You pick them with your mind and then, start vibrating on their frequency.

Negative thoughts release negative energy. That energy attracts pendulums. So, when you first experience negative thought (ex: I am so broke), do not deny that thoughts. Just ADMIT that it is true and then, change your thoughts in the direction you want. (ex: Yes, I am broke; it is true but every day, I am increasing my vibration of abundance and every day, and in every way, life is getting better and better. Money is coming to me, so there is no need to worry – neither now, nor in the future)

When you experience negative thoughts, pendulums attach to you. But if you do NOT release negative energy while having those thoughts, pendulums CANNOT suck your energy; because in that way, you raise your frequency; (this frequency doesn't relate anymore to the frequency of the pendulum, and it leaves you alone)

When the first negative thought arrives, ACCEPT it and admit it, if true. Then, calmly, reaffirm that life is getting better and better. That way, you fail pendulums and they cannot suck your energy.

Interpretation: Pendulums are servants of the dreams. When you give in to provocations, you fall asleep while being awake. You do think that you almost always regret later. People say that, in those short instants, when they gave in to the provocations and expressed their anger, it was as if they weren't themselves. Like some strange force was acting on them. That strange force is the

pendulums action. When you “fall victim” to them, you start playing their game and giving them more and more of your precious life energy.

To release yourself, you need to change your ATTITUDE. I said attitude and not obstacles. Obstacles are not created by you. Those are part of the life lines you inhabit. But your attitude is what determine what kind of life you live – happy or miserable. First, as Zeland says, ACCEPT the situation, then change your attitude. Turn the tragedy into a comedy

However, to change your attitude does NOT mean to block your emotions. If you do that, that negative energy remains in your and builds up. In any moment, it will explode and feed again the pendulums. To change your attitude means to see the positive in the negative situation. You cannot fight pendulums. They exist whether you like it or not. You cannot defeat them, but you can IGNORE them. And this will bring you victory over them.