

Key to Controlling Reality

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"Having received a Key to Controlling Reality,
you will discover the World
where the Impossible comes True."

Vadim Zeland



Contents

1. Why would you want to “Control Reality” and what it really means
2. What is Possible and what is Impossible?
3. How to turn Impossible into Possible
4. The Key

Part 1.

Why would you want to “Control Reality” and what it really means

Wouldn't it be cool to have a Magic wand that would give you Special Powers?

Abacadabra! - and boom - a new car manifested.

Why is it not possible in our 'normal' reality?

And why we have this gut feeling, that despite all the evidence and scientific 'proof', magic exists, only we don't know how to access it?

Are we all potential Magicians and just need to 'awaken' the dormant powers within? Would then our lives become truly fun and exciting?

Yes. Each of us has a 'Magician' inside, but his magic is very different from that of Happy Potter or Mr. Houdini.

You see, Reality is much more Complex than we suspect. Not there there are some conspiracies that prevent us from being our best and achieving our goals, but that we don't really know who we are, what we can and can not do, and why things happen the way they do.

First of all, we have to find the right starting point. If we start with complaints and negativity towards ourselves and others - we will not get anywhere and nothing will change.

We have to accept our situation. If you're struggling in a relationship or frustrated with your job - just see it as it is. Don't blame anyone for anything, even if you have 'reasons'.

Take some time off work and family (even if it's an hour or two late at night or early in the morning) and ask yourself - If I could Do, Be and Have anything I want, what would it be?

The idea behind this exercise is to Open your Mind

and Spirit, reconnect with your Childhood Dreams and Aspirations, get into that mood or Limitless Possibilities.

When one is in denial of the situation one's in, it's as if one turned one's back away from the direction one wanted to go. All one sees is the opposite of what one wants. If you accept your current situation and actively looking for solutions, if you believe that you will, one day, achieve your Dreams - you are looking in the right direction, and as you make steps towards your goal, sooner or later you will see a 'sign' on the horizon, and then another one, and more signs will come and eventually you will reach your Destination.

Even though you are moving your feet in physical reality, most of the hard work is done in your Mind.

It takes Strength and Perseverance to climb a Mountain, and if you want to achieve something in the physical reality (not only in your imagination) why would it be any different?

Most of what we think of as 'hard work' is not that hard once we get familiar with it, and the advantages of taking Control in our Hands far outweighs the imaginary suffering we might have as a result of this journey. You decide - do you want to complain about how Impossible this world is, and how difficult it is to be happy, or, Do you want to Make the Impossible Possible and Dare to Live your Dream?!

Part 2.

What is Possible and what is Impossible?

What is Possible and what is Impossible? Is it Possible for you to become a Millionaire? Have a fancy sports car? Find your soul-mate? Become famous? Is it possible for anyone or only a few Special people can expect results like that?

“If you were born poor you will be poor for the rest of your life.” There is some truth to this, but in our Age of Information, many things became possible that we’re not a 100 years ago. Most importantly - the process of Individualization made it possible for you and me to Decide who we want to be, where and how we want to live and with whom, what we read, what we eat and how we dress. Most people living in big cities with enough resources to educate themselves are capable to take almost 100% control of their lives. Most don’t, but that’s another story.

Thus we see that “Possible-Impossible” are just mind concepts, metaphors for our current level of knowledge and technology. Every day we are witnessing Impossible becoming Reality - Airplanes, Space Travel, Nuclear Power - all these things used to be Impossible, but today nobody doubts they are Real.

90% of what is considered "impossible" is,
in fact, possible.

The other 10% will become possible
with the passage of time & technology.

Hide-kojima

Thus, 'Possible-Impossible' reflects 2 things:

1. Cumulative Knowledge of Humanity
2. Our Perceptions

If humanity will find a way out of our current Ecological-Energetic-Economic crisis we'll see many new 'miraculous' discoveries in the years to come. If not, we may have to start all over again. Either way, we have little control over this. But there is something we can do...

Part 3.

How to turn Impossible into Possible

Regarding the latter - Our Perceptions, this is where we can do something. Once we learn how to Alter and Expand our Perceptions we can use that to Expand our Mental Horizons and achieve things we never thought we could before.

What is Possible for one is Impossible for another, sometimes simply because of Social Conditioning. If you Wants something, but feel/think that you can't have it, that it's too Difficult, that you are not the kind of Person who can have it - you will never even try! This is called - Limiting Beliefs.

Another obstacle is 'shallow thinking' and or lack of Information - "I can't be a successful businessman. Nobody in my family was, none of my friends is, and I have no idea what and how it works. I guess you need to

be related to someone rich people first”. Reality is - if you spend a few years studying business models and ways of making money - you will learn that it’s not only possible, with enough determination, it’s inevitable that you will become successful!

Since we are dealing with Perceptions and Mind Programming we can deduct that "The World where Impossible comes True" is our own Mind!

"In the province of the Mind what one believes to be true, either is true or becomes true within certain limits. These limits are to be found experimentally and experientially. When so found these limits turn out to be further beliefs to be transcended. In the province of the mind there are no limits. However, in the province of the body there are definite limits not to be transcended." ~John Lilly

***"The only way to determine the
limits of the possible
is by going beyond them
into the impossible."
-- Arthur C. Clarke***

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Part 4. The Key



If our Mind is the “World where Impossible becomes

Possible”, how do we enter this World? How do we open the Door?

If you were to go on a journey from point A to point B, you would need to form an Intention to do so. Then you'd have to have a map, 'vehicle' and a skill to drive it.

Without the Intention, nothing is possible, even if you have a map, have a car and know how to drive. On the other hand, if you only have a Intent but no means to travel, you won't get anywhere either.

The Destination is your Dream or Goal. The vehicle is your Body, the map is your Mind. Is your vehicle ready for the journey? Had you studied the map?

Thus, the Key is three-fold. It's your Intention, your Physical health and Mental skills. As Vadim Zeland puts this - When your Mind and Soul are on the same page your goal has a Chance to be Realized.

Most systems of Self-Development include part of this equation, but rarely they have the whole formula. Some tell you to abandon this 'sinful' world and seek refuge among monks and 'holy' people. Some say that there is no use in 'spiritual' knowledge and suggest you use science as your guide. Some say - Develop your will, some suggest to give it up to some guru or a Deity.

The reason for this is that most religions are not interested in YOUR freedom. They're interested in preserving and perpetuating their beliefs and theories, regardless of how misleading and dangerous they might be. This is called the Law of Pendulum (in Transurfing terms), also known as Egregor, and in the language of science it's simply called a System. Every system's intent is to preserve it's state and since we're talking about man-made systems, human beings find a lot of value in honing and protecting their beliefs and thus - protecting the systems these theories belong to.

But let's get back to the Key. Another name for the Key is

Self-Knowledge. It includes your Body, your Mind and the Navigator - your Soul. I'm not going to tell you that Soul is more important than the Body or the Mind, since there are so many different 'scenarios' where this would not be true. My perspective is that of a Balance. Find your Balance, your Flow, your Dao and Reality will start Listening to you, as you become one with it.

The Key gives you Freedom to Do, Be, or Have whatever your Heart's Desire is.

If you 'think' you can - you can. If you think something is Impossible - it becomes so. There is no Secret, 'magic' or conspiracy that prevents us from achieving our Dreams and Goals - all we need is to make a Choice and stick to it!

Bonus chapter.

Choices made by People - People are made by their

Choices, or How we Create our Realities

Blue pill or the Red one? For Neo the answer was obvious, he couldn't go back in the Matrix and pretend nothing has happened. His 'eyes' were opened and he saw a different world. A world where he could do something. But even though he's "The One" he still needs to train and learn and practice. Since only through practice and experiment we can Discover our Potential and go Beyond it into the area we believed was reserved for Super-Humans.

"With Self-Knowledge you will be able to Intentionally change the Perceptions you have about the World and Yourself and Align them with your True Self Potential."

Now, let's make it Practical. If you have a Dream or want to achieve something, write down all the reasons you can think of that Prevent you from Achieving your goal. Look through the list and work on each of the Barriers starting with the easy ones and progressing to the Hard ones. For

each Barrier find a few ways you can overcome it. If you can't think of any, ask people in the group, or someone you think might be able to help you with that particular issue. If you Real-ly want something - Nothing can Stop you!



To your Success!

Nikola KindRad

PS. Many people, me included, have/had problems defining what they really want. Some people don't have any Desires, not that they're Enlightened, they just don't have any Energy or in some cases this is caused by Traumatic experience or wrong thinking. In the following Issues of Manifestation Insiders I'll be addressing this problem too.

Go Check it out -

<http://letter.ly/manifestation-insiders>

